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Communication

Age-Friendly Vaughan

Advisory Committee – April 28, 2025

Item No. 1

Older Adult Clubs in the City of Vaughan

April 2025



Agenda



1. Background
2. Older Adult Clubs Policy Revision Update

Working Together



Recreation Services



- ▶ Varied Programming
 - Pickleball, Yoga, Aquafit, ChairFit, Group Fitness
 - Dance, Music, Theatre
- ▶ Community Engagement
 - Age Friendly Vaughan Community Action Plan
 - Coffee Connections, First Aid Course
- ▶ Volunteer and Employment Opportunities

Recreation Services

for Older Adult Clubs



► Space

- Providing program space
- Annual picnic time
- Annual event time
- Discounted permit space

► City Liaison

- Orientation and training
- Provide admin support
- Best practices

► Support

- Start-up grant
- Ongoing grant application support

► Information Sharing

- Surveys
- Community events

Older Adult Clubs

- ▶ Collaborate with the city to promote active living. Clubs aim to improve health and wellness of older adults.
- ▶ Clubs offer community programs and opportunities to socialize.
- ▶ They are volunteer-run. Clubs use city-approved facilities or leased spaces.



What clubs do?



Older Adult
Clubs

Activities and Programs

- Card Playing
- Bingo
- Bocce
- Tai Chi
- Line Dancing
- Fitness

Social Events

- Holiday Parties
- Themed Events
- Picnics
- Trips

Community Engagement

- Regular meetings to foster community and connection

SAVI (Seniors Associations of Vaughan Initiative)



- ▶ An independent older adult organization representing older adult clubs in the City of Vaughan.
- ▶ Advocates for needs and interests of older adults. SAVI offers social, cultural, recreational and educational activities aimed at reducing isolation and promoting social interaction among seniors.



Older Adult Clubs by the Numbers

21

The City of Vaughan proudly supports **21 Older Adult Clubs**, fostering community and engagement among seniors.

1978

The first club was established in **1978**, with the latest additions sanctioned in **2025**.

5,000+

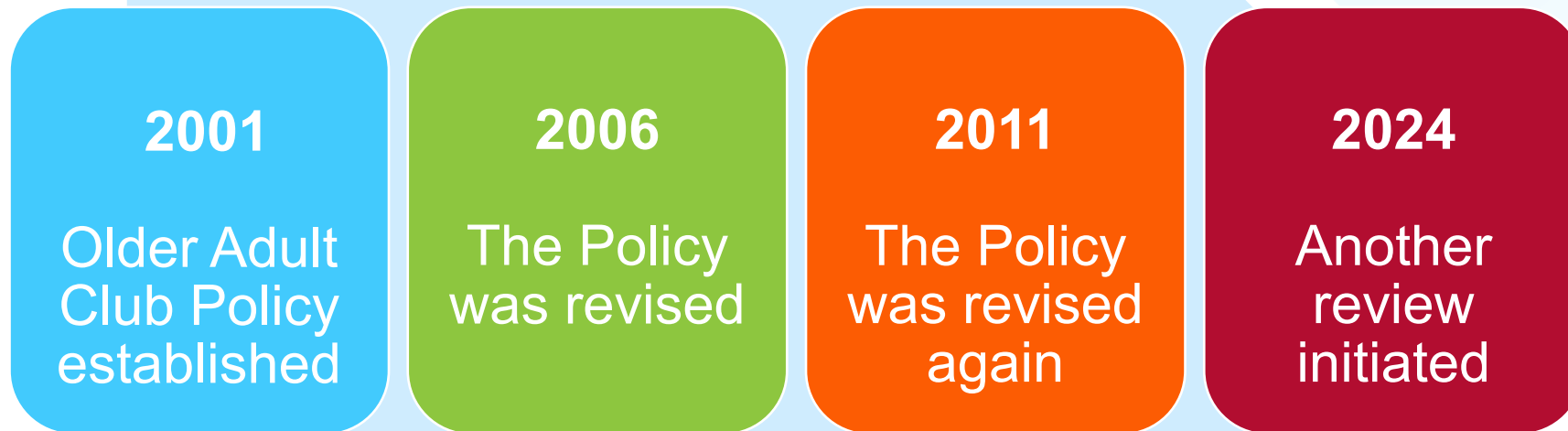
Boasting a vibrant community of over **5,000 active members**.

36,028

1,715

Offering **36,028 bookable hours** annually, averaging **1,715 hours per club**.

Background of Older Adult Clubs Policy



Revision Process

Initiated Comprehensive Review

Stakeholder Consultation

Workshops with SAVI

Review with Legal Services

Approval by Council

**Older Adult Clubs
in the City of Vaughan**
Policy & Operating Procedures



Highlighted Changes

Higher Membership Threshold

Clubs would require a minimum of 100 members to be established

Increase Age Requirement

Raise minimum age for membership to 65 years

Consolidation of Clubs

Limit the number of clubs at each location to ensure better resource allocation and management

Highlighted Changes

Format

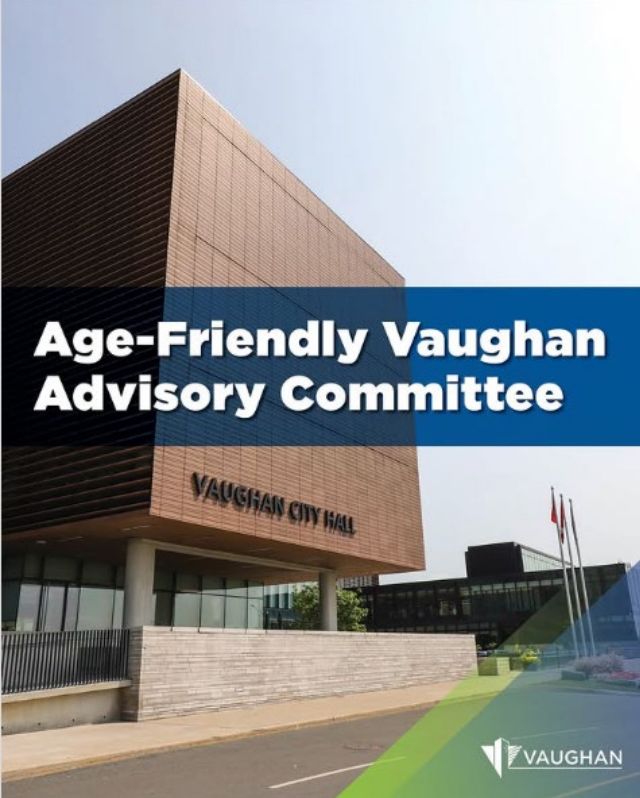
Updated user-friendly look and feel

Enhanced Member Support

Additional resources to assist with managing member conduct and annual policy training acknowledgement

Change in Term of Office

Board of Directors term increased from two to three years



**Do you have any feedback
or considerations for us?**



Thank you!

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