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THE CARITAS FOUNDATION

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To Whom It May Concern:

During the month of September, Canadians in recovery from addiction join with friends and family to build awareness, challenge societal stigma, and celebrate the role that recovery plays in improving the lives of individuals, families, workplaces and communities.

We believe that recovery saves lives. We envision a world in which full recovery from addiction is a common and celebrated reality. We want to open the conversation so individuals will not experience shame when seeking help.

As such the National Recovery Day Committee is requesting **Thursday September 5, 2019** as the launch for Recovery Month York Region in the City of Vaughan. The days event would include a **proclamation and flag raising** at Vaughan City Hall, followed by a variety of activities including guest speakers and agencies providing services and community support on this important issue.

Recovery Month promotes the societal benefits of prevention, treatment and recovery for mental health and substance use disorders, celebrates people in recovery, lauds the contributions of treatment and service providers, and promotes the message that recovery in all its forms is possible. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective, and people can and do recover.

We look forward to your approval at the earliest convenience. Should you have any questions please do not hesitate to contact me.

Yours truly,

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