OLDER ADULT TASK FORCE – JUNE 28, 2021

COMMUNICATIONS

Distributed June 28, 2021		**Item**
C1.	Presentation material titled: "*York Region Seniors Strategy – Thinking Ahead*""	5
C2.	Presentation material titled: "*City of Vaughan Age-Friendly Community Action Plan*"	6

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Please note there may be further Communications.

Communication : C 1
Older Adult Task Force
June 28, 2021
Item # 5

York Region

Seniors Strategy

Thinking Ahead

Seniors Strategy Refresh

Presentation to City Of Vaughan Older Adult Task Force

York Region Community and Health Services

- Katherine Chislett, Commissioner
- Lisa Gonsalves, General Manager, Paramedic and Seniors Services

June 2021

#13034202

York Region

Agenda

Purpose: to provide an overview of the direction for the Seniors Strategy Refresh and to discuss where we might be aligned

Agenda:

1. York Region Seniors Strategy
   - Where we have been
   - What we have done
2. Seniors Strategy Refresh and 2 Year Action
   - Where we are going
   - Approach and Plan
3. Discussion

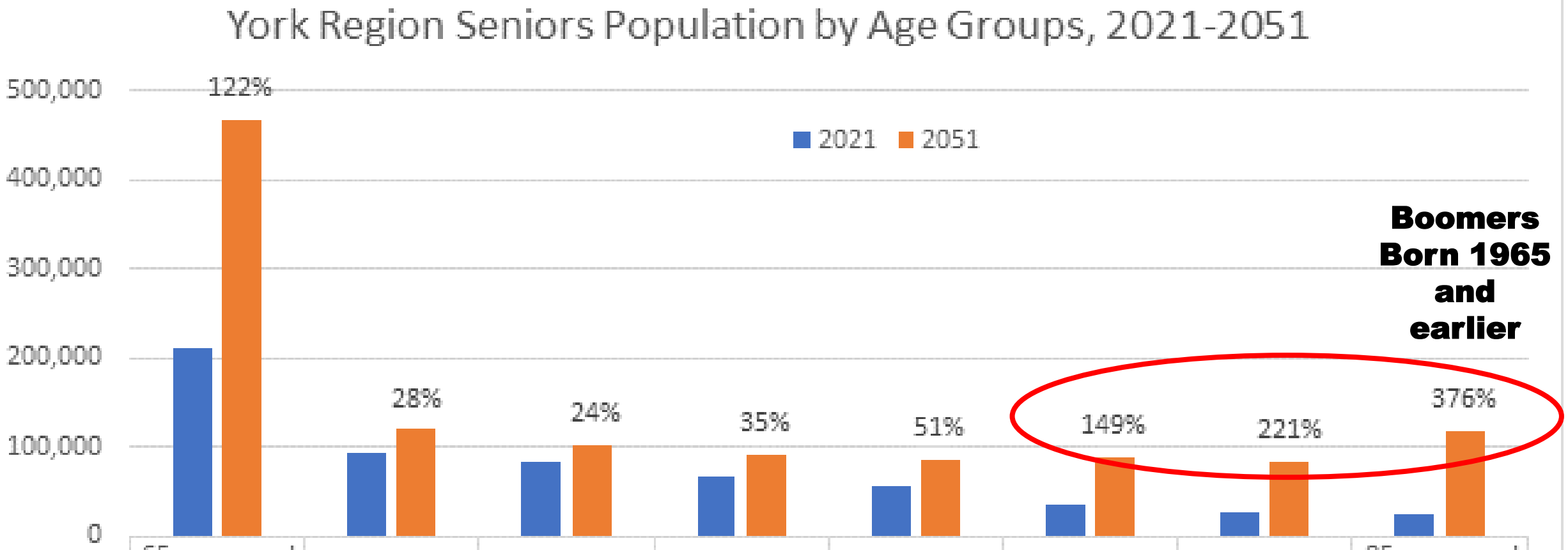
York Region Services

- Children's Services ★
- Court Services
- Economic Development
- Forestry
- Housing Services ★
- Long-term Care/Seniors' Services ★
- Paramedic Services ★
- Planning
- Police Services
- Public Health ★
- Regional Roads
- Social Assistance ★
- Transit
- Waste Management
- Water

York Region Seniors Strategy

Where We Have Been

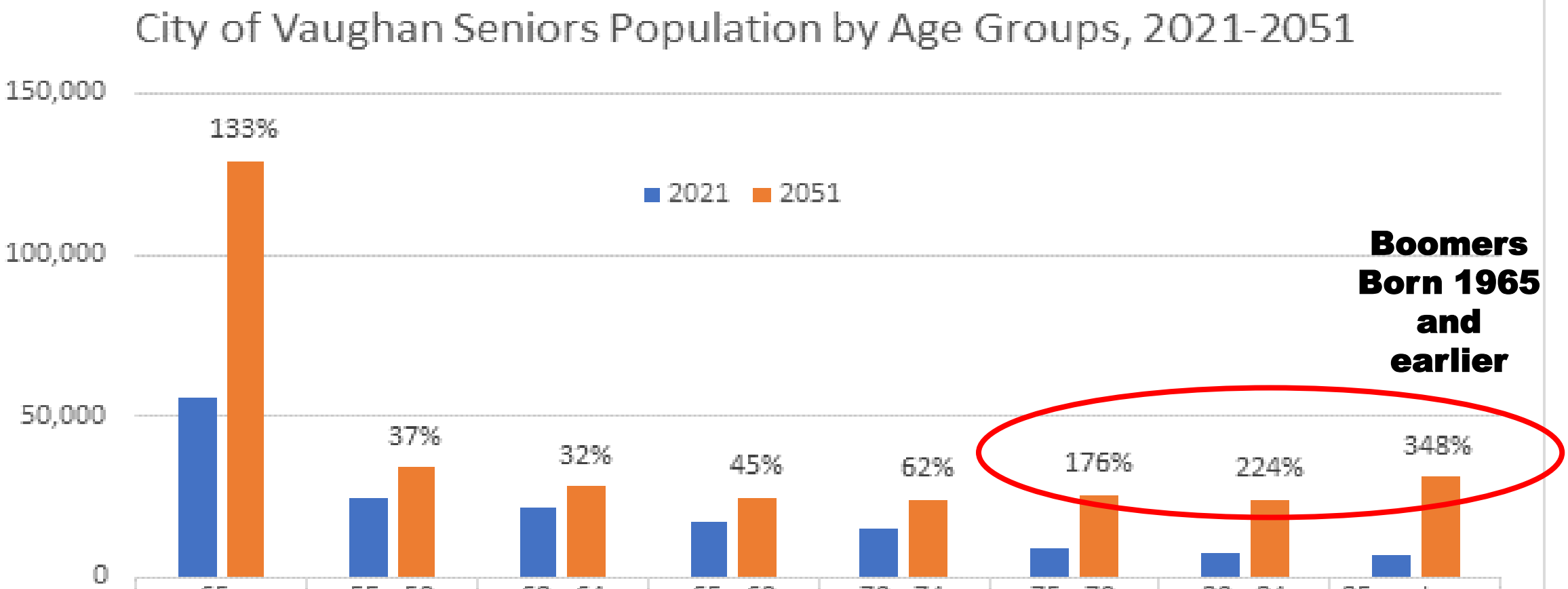
York Region Seniors Population Growth 2021-2051 by Age Groups



	65 years and over	55 - 59 years	60 - 64 years	65 - 69 years	70 - 74 years	75 - 79 years	80 - 84 years	85 years and over
2021	211,167	93,400	82,256	68,020	56,850	35,856	25,689	24,751
2051	468,010	119,425	102,241	91,731	85,796	89,276	83,514	117,692

Source: York Region, Corporate Services, Planning and Economic Development Branch, Preliminary York Region and Local Municipality Population Forecast (pending approval with the new Regional Official Plan).

Vaughan Seniors Population Growth 2021-2051 by Age Groups



	65+	55 - 59	60 - 64	65 - 69	70 - 74	75 - 79	80 - 84	85 and over
2021	55,467	24,764	21,173	17,054	14,864	9,264	7,346	6,939
2051	129,216	33,888	27,983	24,781	24,010	25,592	23,778	31,056

Source: York Region, Corporate Services, Planning and Economic Development Branch, Preliminary York Region and Local Municipality Population Forecast (pending approval with the new Regional Official Plan).

Roles and Responsibilities

York Region

Government Funded Services for Seniors - *A York Region Perspective*

FEDERAL

Canada Revenue Agency

- Employers
  - Registered Pension Plans
  - Proposed Registered Pooled Pension Plans
- Federal income tax
  - Age amount
  - Pension income credit
  - Pension income-splitting revisions
  - Disability tax credit and disability amount
  - Tax credit for medical expenses and private insurance premiums
  - Eligible dependent credit
  - Caregiver tax credit
- Banks and credit unions
  - Registered Retired Savings Plan
  - Tax-Free Savings Plan

Ministry for Seniors

- National Seniors Council

Employment and Social Development Canada

- Service Canada
  - Canada Pension Plan
  - Allowance/Survivor Allowance Program
  - Canadian government annuities
  - Guaranteed Income Supplement
  - Old Age Security
  - International benefits
  - Compassionate care benefits

Health Canada

- Public Health Agency of Canada Division of Aging and Seniors
- Canada Mortgage and Housing Corporation

Veterans Affairs Canada

- Veterans Affairs District Office
  - Veterans priority access to Long-Term Care beds
  - Veterans Independence Program (home care)
  - War veterans allowance
  - Health care benefits

PROVINCIAL

Ministry of Finance

- Provincial income tax
  - Guaranteed Annual Income System
  - Energy and Property Tax Credit
  - Sales Tax Transition Benefit
  - Senior Homeowner Property Tax Grant
  - Healthy Homes Renovation Tax Credit
  - Provincial Land Tax Deferral Program for low-income seniors and low-income persons with disabilities

Ministry of Health

- Service Ontario
  - Ontario Health Insurance Plan (OHIP)
  - Ontario Drug Benefit Program
- Ontario Health Team
- Hospitals
- Primary care physicians and family health teams
- Home and Community Care
- Community Health Centres
- Health Links
- Fall Prevention
- Telehealth Ontario
- Assistive Devices Program
- Ontario Public Health
  - Colon cancer check
  - Diabetes
  - Bone mineral density testing
  - Immunizations
  - Injury prevention
  - Chronic disease prevention

Ministry of Long-Term Care

- Long-Term Care homes
- Supportive Housing Options

Ministry of Municipal Affairs and Housing

Ministry for Seniors and Accessibility

- Retirement Homes Regulatory Authority
- Age-friendly communities
- Elder Abuse Strategy
- Funding and grants for senior's organizations
- Funding Seniors Active Living Centres

Ministry of Transportation

Ministry of Children, Community and Social Services

REGIONAL

- Tax Deferral Program
- Community Support Service Providers
- Regional Psychogeriatric and Mental Health Consulting Service
- Adult Day Programs
- Newmarket Health Centre
- Maple Health Centre
- Urban Planning
- York Region – Housing System Manager
  - Rent subsidy programs
  - Co-operative and non-profit housing providers
  - Home Repair Program
  - Housing York Inc.
  - Client Intervention and Support Services (3 social workers)
- York Region Transit Mobility Plus
- York Region Transit Community Bus Routes
- myRide Travel Training Program
- York Regional Police
- York Region Social Services
- Domiciliary Hostel
- Licensing and Compliance, Quality of Life, Homemakers and Nurse Services Programs
- Client Intervention and Support Services (1 social worker)
- York Region Paramedic Services
  - Paramedic operational responses (calls)
  - Paramedics assessing elders at risk for independence loss
  - Personal Medical Information Kits
- York Region Public Health
  - Air Quality Health Index
  - Extreme Heat Program
  - Food Safety Strategy – Food Safety for Older Adults
  - Health Aging Strategy
  - Healthy Aging Working Group
  - Inspections for Seniors Homes (Long-Term Care and retirement homes)
  - Fit to Retire
  - Step Ahead to Fall Prevention

MUNICIPAL

Local Municipal Programs and Services Benefitting Seniors

- Culture, parks and recreation
- Library services
- Social clubs/outings
- Snow removal
- Transportation (local roads, bike lanes, etc.)
- Low-income property tax deferral
- Environmental services
- Land use planning
- Fire services

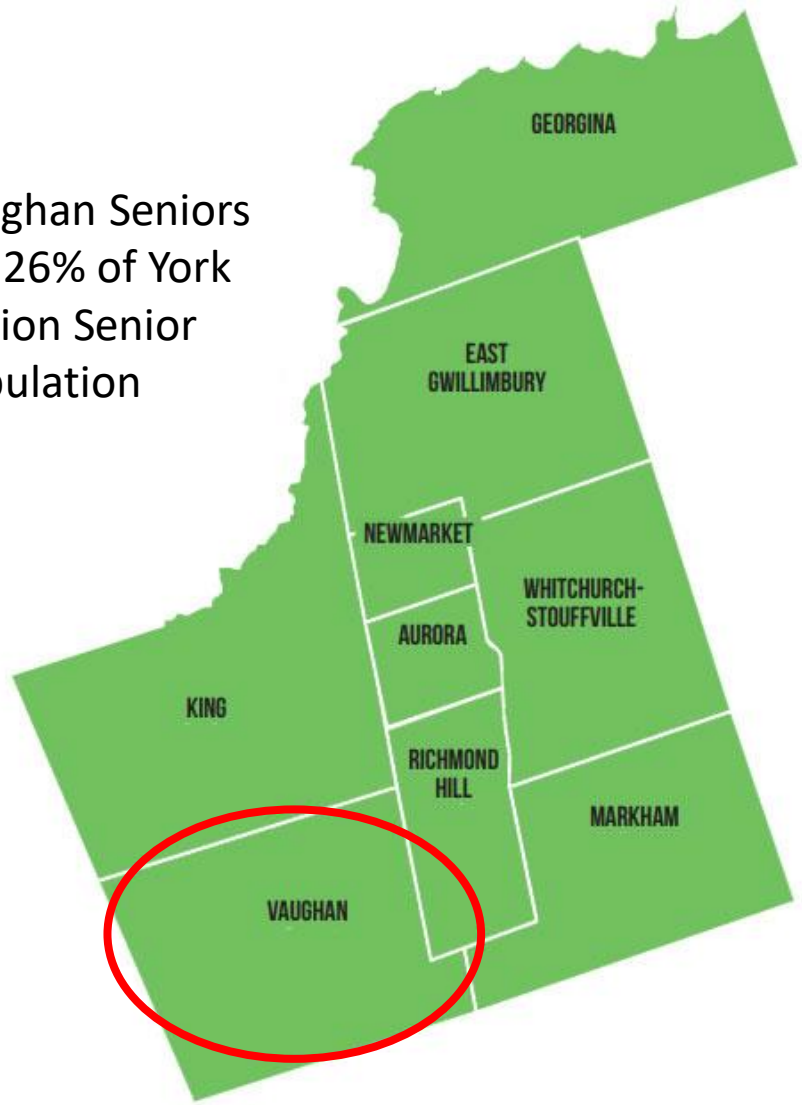
CATEGORIES

- Broad Policy and Finances
- Health Care
- Housing and Transportation
- Staying Safe and Connected

DRAFT: October 2019

York Region programs and services for Vaughan seniors

Vaughan Seniors are 26% of York Region Senior population



- Maple Health Centre
- Adult Day Programs
- Psychogeriatric Resource Coordinators
- Paramedic Services
- Housing Services
- Ontario Seniors Dental Program
- York Region Transit
- Access York
- United Way/York Region Seniors Cluster Table

Supporting seniors to age in place

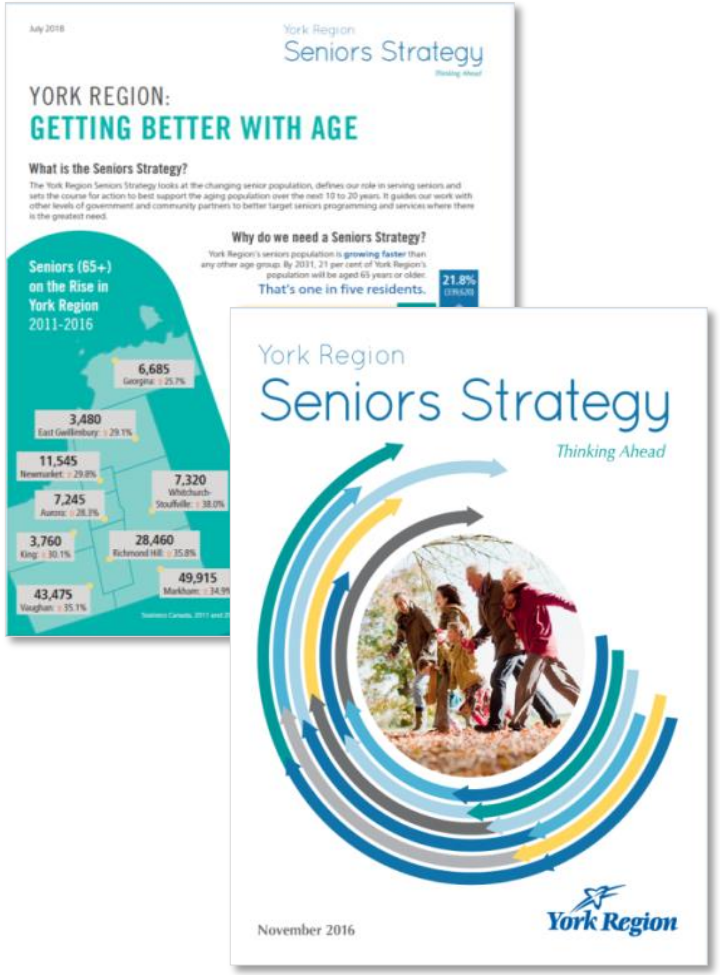
Direction set out in the Seniors Strategy

Balance the needs of seniors with all residents

Keep seniors healthier; longer

Support age friendly complete communities

Connect seniors/caregivers to the right programs and services at the right times



For information: www.York.ca/seniorsstrategy

York Region Seniors Strategy
What We Have Done

Accomplishments through Corporate Collaboration

Result Area	Actions	Complete	Underway
Balancing the needs of seniors with all residents	• **Income and Asset Limits for Subsidized Housing**	✓	
Keeping seniors healthier, longer	• **Nature's Classroom for Seniors** • **Personal Medical Information Kits** • **Virtual Age Simulation Training Room for LTC** • **Getting to Know York Region Seniors Better**	✓ ✓ ✓ 	 ✓
Supporting age-friendly, complete Communities	• **Unionville Seniors Hub and Community Centre** • **Municipal Comprehensive Review – *Getting Better with Age*** • **YRT Mobility on Request 65+ Program**	 ✓ ✓	✓
Connecting seniors/caregivers to right programs and services at right times	• **Community Asset Data Base Project** • **York Region Integrated Response for Vulnerable Seniors Pilot**		✓ ✓

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York Region Advocacy Agenda

Topic	Focus
Forecast for Long-Term Care and Seniors Housing Implications	• Allocate more LTC beds in York Region • Revise funding models to incentivize development of new LTC beds • Relieve municipalities of responsibility for increased health care • Support development of more housing options for seniors • Invest in prevention initiatives to reduce health-related demands
Submission to Ontario Long-Term Care COVID-19 Commission	• Urgent action needed to address long-standing challenges in sector • Resources and funding to manage outbreaks and support true costs • Address severe staffing shortage across full continuum of care for seniors • Strengthening partnerships to integrate LTC into health care system
Ontario Seniors Strategy	• Called on province to align Ontario Seniors Strategy with priorities for seniors consistent with York Region Seniors Strategy • Submission to COVID-19 Commission called on province to take leadership and release Ontario Seniors Strategy
Ontario Health Teams	• The Region is signed partner on all three York Region OHTs • Opportunities to leverage these partnerships to connect regional health and social services

Where We Are Going

A Focused 2-Year Action Plan 2022-2024

Future Directions: 4 Result Areas

Keeping Seniors Healthier, Longer

What is the Focus: Awareness of Seniors Needs in York Region

- Communications Strategy and Awareness Campaign
  - Preventing chronic disease by promoting seniors health
  - Mitigating impacts of COVID related to seniors health and well-being
  - Promoting supports and services for seniors and caregivers based on needs

What is Underway:

- **Paramedics:** CP@Clinic Expansion; CP@LTC (data, gaps); Paramedics Training – Palliative Care; Paramedics – Treat and Release
- **Ontario Health Teams:** Participating in related OHT sector tables and working groups

Supporting Age Friendly Complete Communities

What is the Focus: Better Integrated Services

- New models of integrated service locations provide opportunities to respond to seniors needs holistically (Hub, Campus of Care)
- Senior friendly affordable housing options and supports

What is Underway:

- **Unionville Seniors Hub**
- **MCR Planning Process**
  - Planning for higher-density rental and ownership structures
  - Diversity and Inclusion – policy considerations for inclusionary language, engagement and core principle of planning

Future Directions: 4 Result Areas

Connecting Seniors & Caregivers to Right Programs & Services at Right Times

What is the Focus: System Navigation

- System navigation is part of everything we do
- Seniors and caregivers know how to find and access what they need

What is Underway:

- **York Region/United Way Seniors Cluster Table**
  - Vaccine Rollout for Seniors
  - Technology Access & Supports for Seniors
  - Partner on CHATS Expanding Social Engagement Project
- **York Region – Internal Integrated Response for Vulnerable Seniors**
  - Brings together expertise to stabilize a vulnerable senior to prevent ongoing crisis

Strategic Change Management for Seniors

What is the Focus: Organization and coordination related to program and service system for seniors

- Clearly defined roles and responsibilities for supporting seniors
- Planning and tools – understanding needs at a community level
- Advocacy Agenda

What is Underway:

- **Ontario Long-Term Care COVID-19 Commission Report- Findings and Implications**
- **Forecast for Long Term Care and Seniors' Housing Implications**
- **Community Safety and Well-being Plan**

The Approach and Plan

Seniors Strategy Refresh

Planning and Design

Apr–Jun 2021

- ✓ Seniors Strategy Core Team
- ✓ HSPB
- ✓ Council Memo

Defining the Scope

Aug–Oct 2021

Current state analysis

Data review

Environmental scan

Engagement plan

Conducting Engagements

Nov 2021–Jan 2022

YR/UW Seniors Cluster Table – including additional interested HSPB members

Vaughan Older Adult Task Force

Local Municipalities

YR Accessibility Advisory Committee

Validating Results

Feb–Mar 2022

Seniors Strategy Core Team

Regional Council Workshop

York Regional Council

Jun 2022

Seniors Strategy Refresh:

2-Year Action Plan 2022 -2024

2-Year Action Plan Implementation

2022-2024

Tracking and Monitoring Progress

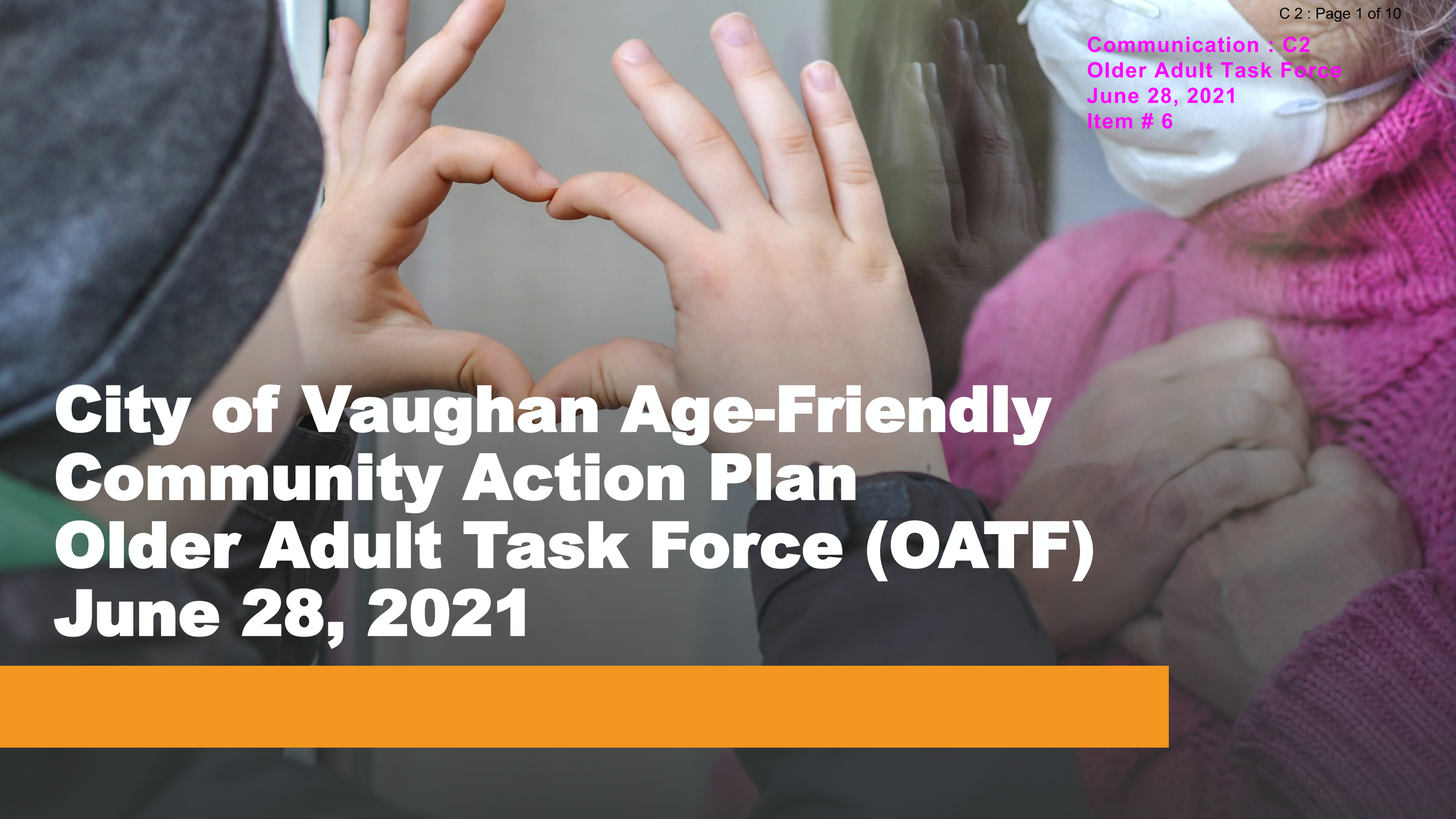
Discussion

Discussion

Efforts to reduce avoidable 911 calls will require collaboration, partnerships and investing in education and prevention efforts to keep seniors healthier longer.

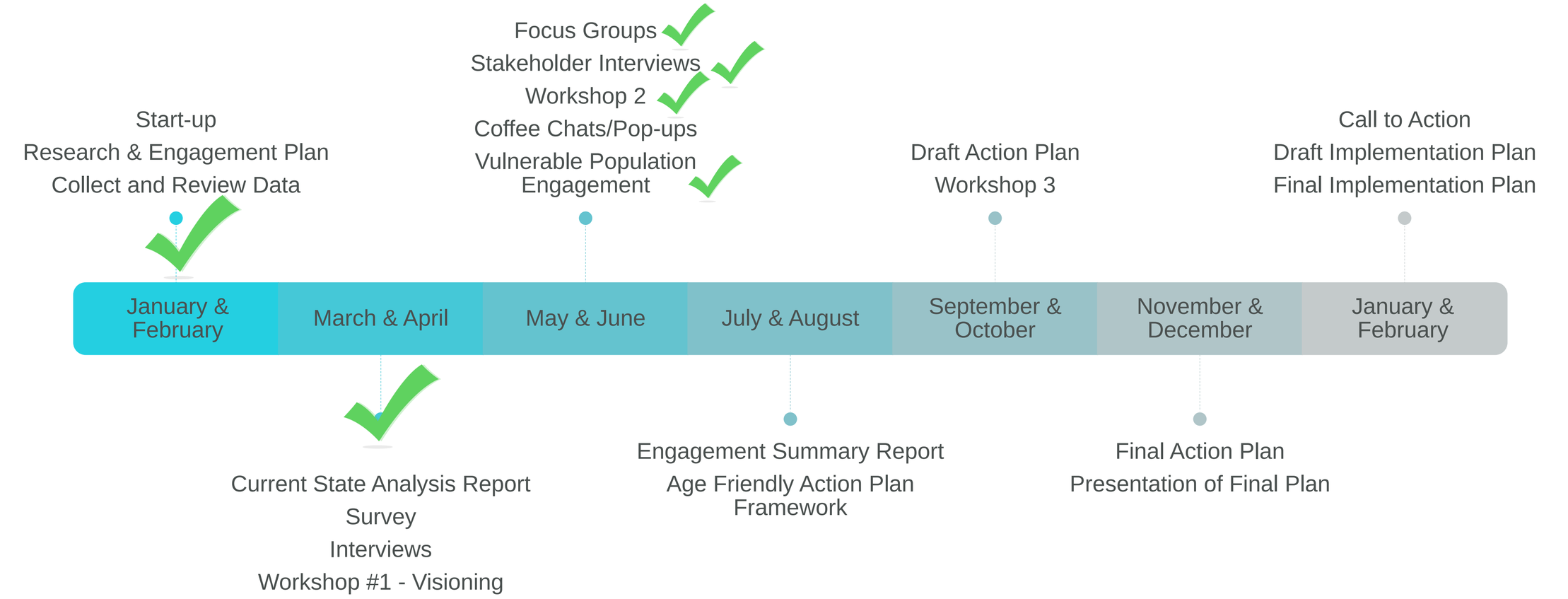
1. Given what you have heard, how does this fit with the Older Adult Task Force priorities? Are there opportunities for alignment?

Communication : C2
Older Adult Task Force
June 28, 2021
Item # 6



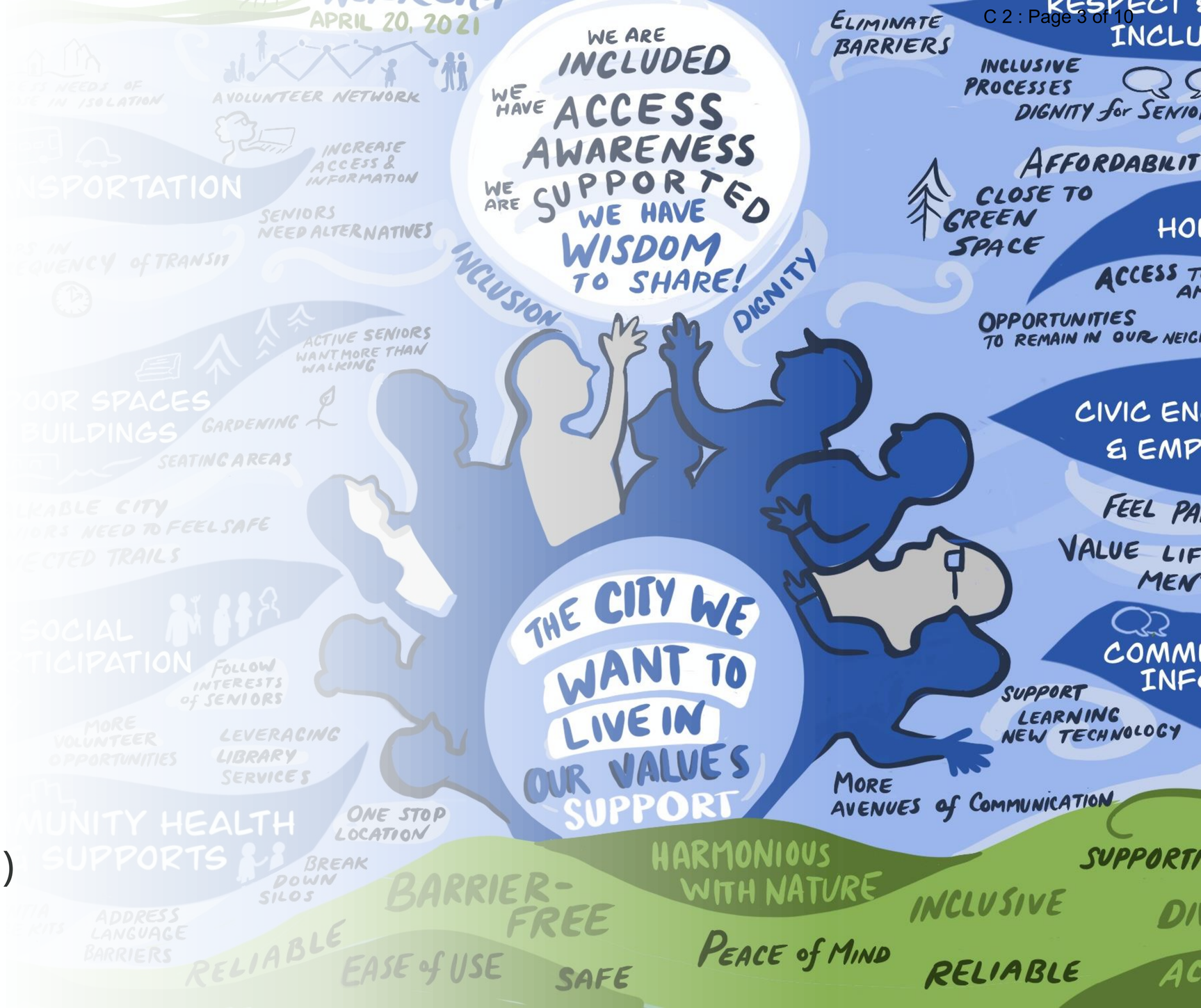
City of Vaughan Age-Friendly Community Action Plan
Older Adult Task Force (OATF)
June 28, 2021

Project Status



Community Engagement Activities

- Visioning workshop (25)
- Telephone and online surveys (641)
- Interviews (26)
- Focus groups (9)
- Online questionnaire (7)
- Community workshop (25)



Community Outreach

1. Website (571 visits)
2. Public Service Announcements (2,400 subscribers)
3. Media coverage (Vaughan Citizen, thestar.com, yorkregion.com, Toronto.com)
4. Social media (492 likes, comments, shares)
5. Digital signs (10)
6. Mobile signs (5 – one in each ward)
7. Radio ads in top 5 languages spoken in Vaughan (236)
8. Engagement newsletter (769 recipients)
9. Vaughan Public Library Handouts (9,000)

Age-Friendly Communities

An Age-Friendly community is one that responds to both the opportunities and challenges of an aging population by creating physical and social environments that support independent active living and enable older people to continue contributing to all aspects of community life. (Ontario Age-Friendly Community Planning Guide)

Picture Source: Centre for Age-Friendly Excellence

What We Are Hearing...so far

Listening to Strengths

- Access to greenspace and parks
- Great trail system
- Good transit system
- Accessible transportation is available
- Programs to help people in their home
- Diverse and welcoming city
- Commitment to age-friendly planning
- Strong civic engagement
- Library is a key resource
- "Blessed to have this focus group to voice our suggestions"
- Many places are accessible
- Strong health system, many service locations
- Wide range of programs and activities
- Strong community partnerships
- Strong municipal support for local clubs

Listening to Challenges

- Car-dependent communities
- Not all trails, outdoor spaces are accessible
- Crosswalk timing not long enough
- Accessing transportation
- Lack of affordable housing, housing choice
- Many seniors do not speak English
- Ageism
- Seniors not as valued as they should be
- Unaware of volunteer and employment opportunities
- Varying levels of comfort and access to tech
- Some not aware of what services, programs are available
- "Everyone should be able to get the information they need"
- Caregiver burnout
- Isolation
- Ability to access programs and services

Emerging Priorities

- **Ensuring accessibility** in all areas of community life.
- Increasing the **range of housing choices** available to meet people's diverse needs.
- Creating greater **awareness and connection to services**.
- Ensuring all residents feel **safe, respected, and included** in the community.
- Planning our communities and spaces through the **lens of age-friendliness**.
- Providing opportunities for all residents, including older adults, to **engage** in community planning.

Stay informed:
vaughan.ca/agefriendly

Contact us:
905-832-2281 ext. 3622

VAUGHAN

j consulting group